

Pressure Ulcer Prevention Clinical Competencies: Advanced

Name:	Role:
Base:	Date initial training

Competency Statement:

The participant demonstrates clinical knowledge and skill in pressure ulcer prevention without assistance and/or direct supervision (level 3 - see level descriptors). Assessment in practice must be by a Registered Nurse who can demonstrate competence at level 3 or above.

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
The Participant will be able to complete the following criteria :				
1. ASSESS Risk				
a) Understanding of intensity and duration of pressure/distortion of tissues	Questioning / Observation			
b) Assess individual patients' tolerance to prolonged pressure	Questioning / Observation			
c) Initiate and complete relevant investigation if pressure ulcers occurs	Questioning / Observation			
d) Instigate and support the use of appropriate risk assessment tool for each care setting/patient group	Questioning / Observation			
e) Defend their expert opinion to underpin decisions	Questioning / Observation			
f) Actively develops networks with other specialties to ensure patients are referred to correct specialty.	Questioning / Observation			
2. SKIN: Assessment				
a) Differentiate between complex skin conditions	Questioning / Observation			
b) Understanding skin failure at life's end	Questioning / Observation			
c) Can synthesise the impact of complex physical and mental health conditions that further affect skin condition	Questioning / Observation			
d) Detailed knowledge and understanding of incidence/prevalence of dry skin, pressure ulcers and moisture-associated skin damage	Questioning / Observation			

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
3. SKIN: skin care				
a) Formulating complex skin management plans, including use of topical steroids and other prescription products	Questioning / Observation			
b) Understanding ingredients in skin care products and their individual properties/potential for side-effects	Questioning / Observation			
4. SURFACE				
a) Understanding of impact of shear forces and intensity and duration of pressure which result in distortion of tissues	Questioning / Observation			
b) Understanding of mechanism of action of a range of equipment and matching to patient needs	Questioning / Observation			
c) Training patient and family in equipment usage; education to continue regular repositioning	Questioning / Observation			
d) Assessment of bespoke or specialised equipment	Questioning / Observation			
g) Participates in tenders for equipment procurement	Questioning / Observation			
h) Initiates product evaluations/ research to develop evidence base to support procurement decisions	Questioning / Observation			
5. KEEP MOVING: Mobility				
a) Assessment of bespoke or specialised aids to mobility	Questioning / Observation			
b) Assessment of bespoke or specialised aids to repositioning	Questioning / Observation			
c) Knowledge of specific requirements for mobility in specialist groups	Questioning / Observation			
d) Considers home environment ready for complex moving and handling assessment and discharge planning	Questioning / Observation			
6. INCONTINENCE				
a) Assesses the impact of medication affecting symptoms and relieving symptoms	Questioning / Observation			

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
b) Assesses the impact on lifestyle	Questioning / Observation			
c) Assessment of appropriate aids such as commode, bed pans or adaptations.	Questioning / Observation			
d) Toileting programme to aid in frequency, bladder retraining	Questioning / Observation			
e) Knowledge of sheaths, catheters and pad products, including absorbency, how many required in 24-hour period	Questioning / Observation			
f) Delivers complex skin management – use of topical steroids and other prescription products	Questioning / Observation			
g) Understanding ingredients in skin care products and their individual properties/potential for side-effects	Questioning / Observation			
h) Advises on pelvic floor exercises	Questioning / Observation			
i) Knowledge of specific medical devices to manage issues related to continence, such as faecal catheters, anal plugs	Questioning / Observation			
7. NUTRITION				
a) Is able to identify energy requirements, including additional needs related to wound healing.	Questioning / Observation			
b) Understands the impact of disease on nutritional need and the body's ability to absorb key nutrients	Questioning / Observation			
c) Recognises abnormalities in blood results	Questioning / Observation			
d) Identifies risks associated with different types of feeding	Questioning / Observation			
e) Moderation of dietary restrictions in event of pressure ulcers	Questioning / Observation			
8. GIVING INFORMATION				
a) Appraises local and national guidelines	Questioning / Observation			
b) Communicates complex matters with MDT members and provides advice to team				
c) Communicates with stakeholders to develop prevention strategies and care pathways to reduce pressure	Questioning / Observation			

Performance Criteria	Assessment Method	Level achieved	Date	Assessor/self assessed
ulcers				
d) Actively leads audit and surveillance and communicates results	Questioning / Observation			

Source: Pressure Ulcer Core Curriculum (NHSI 2018)

Date all elements of Competency Tool completed to level 3 _____

Name _____ Signature _____ Status _____ Date _____

I confirm that I have assessed the above named individual and can verify that he/she demonstrates competency in pressure ulcer prevention

Assessor _____ Signature _____ Status _____ Date _____

Review Dates:	Competent Yes / No	Registered Nurse Signature	Verifier signature	Comments